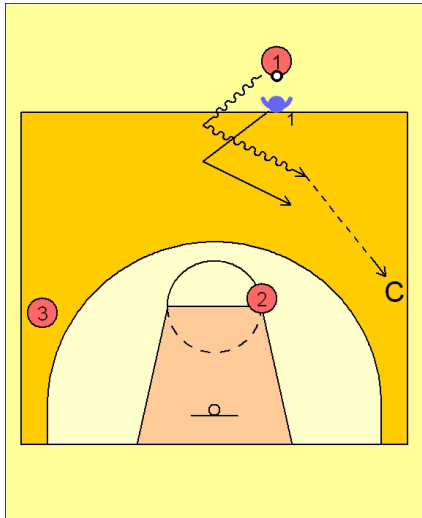


Defending away from the ball



Defending game situations

Players need to be taught how to defend different situations that will occur in the game.

It is easy to set up some of these situations in a drill setting

In this drill, the player will:

- Pressure a ball handler
- Jump to the ball and defender a high post rub screen
- Defend the post from multiple

