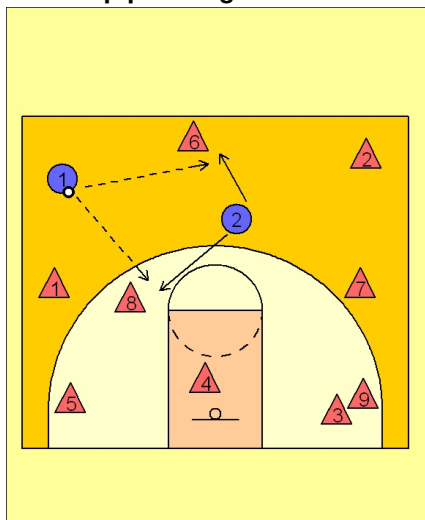


Warm up pass tag1



*This is great warm up game to get them moving. It also works on their passing and catching, movement, agility, communication and teamwork skills.

Choose two players to wear a different colour jersey or pinnies from the others. The object of the game is for the team who has the ball (the 2 odd coloured players) to try to tag one of the others while holding the ball. However, they cannot run with the ball. They may only pivot or pass to a partner. When they successfully tag someone they will put on pinnie or change colour and become one of the tagging team. The other team may run anywhere within a designated area. Change up the size of the team or the size of the area depending on the age of the kids. If you want, you could also allow one or two dribbles.

As the tagging team gets bigger, you may have to increase the size of the area to keep it challenging.

Emphasize communication and quick short passes to try to trap an opposing player.

